

BUTE HIGHLAND GAMES

(Under S.A.A.A., S.W.A.A.A. and S.A.W.A. Rules)

PROMOTED BY
BUTE SHINTY AND AMATEUR ATHLETIC CLUB
**AT THE PUBLIC PARK,
ROTHESAY,
SATURDAY, 22ND AUGUST, 1953,
AT 2.15 P.M.**

HANDICAP EVENTS:

Open 100 Yards, 220 Yards, 880 Yards, One Mile, High Jump, Pole Vault, Putting 16-lb. Ball, Wire Hammer, 28-lb. Weight, Throwing 16-lb. Hammer, Tossing the Caber; 100 Yards (Youths) and 880 Yards (Junior), Medley Relay and Road Race.

Ladies' Events include 100 Yards and 220 Yards Handicap and Medley Relay Race.

Catch-as-Catch-Can Wrestling and
Heavy Weight Cumberland Style Wrestling
(Scottish Championship)

VALUABLE PRIZE LIST

Entries Close on SATURDAY, 8th AUGUST, 1953, with
Messrs. LUMLEY'S and RUSSELL MORELAND'S.

Entry Forms and further particulars from the Hon. Secretary,
T. B. McMILLAN, 5 Hinshelwood Drive, Glasgow, S.W.1.

JULY, 1953

Vol. 8, No. 3

THE SCOTS ATHLETE

PRICE
6^D



Photo by G. S. Barber.
Two of the worlds best quarter milers and Olympians, J. W. MASHBURN,
U.S.A. and K. HASS, Germany, competing at Glasgow Police Sports.

SCOTTISH CHAMPIONSHIPS
SENIOR MARATHON JUNIOR SCHOOLS
(Full Details)
OUR POST SPORTS PUBLICITY



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TWELFTH ANNUAL

PERTH-DUNDEE ROAD RACE

Start— SHORE RD., PERTH. Finish— RIVERSIDE DR., DUNDEE.
Distance—22 Miles.

SATURDAY, 29TH AUGUST, 1953,
AT 2.30 P.M.

SCRATCH & HANDICAP AWARDS

Mr. A. MUDIE,, Race Convener, 130 Camperdown Road, Dundee, Angus.

Entries close on WEDNESDAY, 19th AUGUST, 1953, with

THE SCOTS ATHLETE

TO STIMULATE INTEREST IN
SCOTTISH AND WORLD ATHLETICS

"Nothing great was ever achieved without enthusiasm."

EDITED BY - WALTER J. ROSS

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SCOTTISH SENIOR CHAMPIONSHIPS

IAN BINNIE HEADS ALL-STAR BILL

by J. E. Farrell.

IT is with the greatest of pleasure that I undertook the assignment of recording my impressions of this year's Scottish Championships at New Meadowbank. To me it was one of the most impressive and most enjoyable athletic meetings ever witnessed. Brilliant performances, close finishes, drama it had them all. The events went fairly slickly, there was an excellent field lay-out and the track looked to be in fairly good shape although a trifle loose particularly so at the inside.

Ian Binnie's double victory in 6 and 3 miles and his seven records made in these 2 races must surely win him the Crabbie Cup for most meritorious performer but Breckenridge's mile in 4 mins. 11.9 secs, Riach's new Javelin record of 187 ft. 8½ ins., Hamilton's 1 min. 54.9 secs. half, Robertson's 49.6 secs. quarter and the Paterson-Brydie-Hamilton steeplechase epic all deserved Oscars.

But let's take the events seriatim.

Two Lonely Hammer-Throwers.

Record-holder E. C. K. Douglas was challenged only by R. S. Scott of Glasgow Varsity and won with a grand throw of 174 ft. just 5 ft. 10 ins. short of his all-comers and Native record.

Gracie in No Danger.

While the high-jumpers were doing their best to defy the law of gravity—the low hurdlers made ready for their "gazelle"

act. Olympian David Gracie though not at his peak was in no danger and skimmed over the sticks for an easy win in the good time of 55.1 secs. some 20 yards in front of J. D. N. Robertson of Edinburgh University.

Versatile Riach's Great Javelin Throw.

Fraser Riach also well-known as an expert swimmer and water-polo player aroused admiration by his great javelin throwing and it was little surprise when it was announced that he had reached a best throw of 187 ft. 8½ ins. to win the title and create a new native record which subject to ratification will displace W. W. Mackenzie's recent grand throw of 185 ft. 10 ins. which has itself not reached the record-book.

All the favourites got through their preliminaries in the 100 yards including holder Jack who was the fastest heat winner in 10.1 secs.

Hamilton's Brilliant Half.

Jim Hamilton, Victoria Park's ace half-miler confirmed recent form by winning the half-mile final in a brilliant 1 min. 54.9 secs.—only 1.3 secs. outside J. C. Storhard's record figures set up in 1935. F. W. Sime of Strathtay H. runner-up in 1 min. 56.3 secs. and W. Messer, Edinburgh Northern, 3rd in 1 min. 56.7 secs. confirmed the high standard of this event. Hamilton ran a well-judged race. Back at the start, then lying handy he went

clean away in the back straight and though his rivals appeared to be pulling him in round the last bend, he came away with a sprint finish which none of his struggling adversaries could match. Holder Guy Sorbie of Hamilton who surprisingly impressed in his heat running on the previous evening with 1 min. 57.1 secs. tried hard to retain his title in the final. He forced it most of the way but in the end had to yield.

Good High Jump but Moderate Long Jump.

Ken Cunningham of Victoria Park won the high jump with a good leap of 6 ft. 1 in. after a close tussle with colleague G. Turner who for the first time ever managed 6 ft.; perhaps not exactly in the Alan Paterson tradition but good sound jumping nevertheless.

The long-jumping did not reach the same high standard however. Nevertheless it was a close contest before A. R. Smith of Glasgow University pipped R. Stephen of Shettleston Harriers with a moderate 20 ft. 3 ins.—well below the standard.

Shettleston's Smart Junior Sprinters.

Shettleston's quartette of Hunter, Prentice, Knox and Woods were too strong for their rivals in the 4 x 110 Junior relay and they finally beat their nearest rivals Bellahouston Harriers in the smart time of 46.2 secs.

Hurdles Winner Looks Good Prospect.

It was now announced that owing to withdrawals heats would not be required for the 120 yards hurdles which would be run off as a straight final. J. G. M. Hart holder and record-hurdler having decided to retire after 7 consecutive successes it was felt that his keen rival McAslan of Edinburgh Southern might fall heir to this title. However, tall, leggy, bespectacled Edinburgh student C. R. Dennis upset the apple cart (though not the hurdles) by a most impressive piece of timber-hopping which allied to a strong finish brought him to the tape first in 15.6 secs. or 3/10ths sec. outside Hart's record figures.

Now came the 2 sprint semis and the outcome was practically a Victoria Park monopoly, only W. Henderson of Watsonian's and consistent evergreen J. Mc

Lachlan of Maryhill Harriers joined the blue and white quartette in the final headed by holder Willie Jack.

Holder Retains Putt.

The closing stages of putting the weight revealed a probable Drummond victory and such was the outcome with a very good heave of 45 ft. 6½ ins. only 10½ ins. from the Native Record and a bare ½ inch outside the championship best. T. A. Logan Victoria Park finished 2nd with a creditable 43 ft. 3½ ins.

Breckenridge Again Reveals His Class.

Alex. Breckenridge outclassed a classy field in the mile championship in a race that revealed many interesting features. At the start the Victoria Park man showed remarkable restraint, being content to trail the field led by holder Ken Coutts who covered the first lap in 63.4s ecs. The gradually slowing field stopped the watches at 2 mins. 8.2 secs. for half-distance when Breckenridge took over obviously displeased with the pace-making. He strode smartly round his rivals and clean away from them opening up a large gap and the race was as good as over. At the ¾ mile stage completed by the leader in 3 mins. 9.8 secs.—the race was now on—for 2nd place. Breckenridge with no one to pull him out ran a good last lap to break the tape in 4 mins. 11.9 secs. only .7 of a second outside his recent record awaiting ratification but inside the previous championship best.

In a desperate finish ex-Junior champion and Elgin school-boy J. L. Hendry and now of Walton A.C. just pipped G. L. Hermiston of Edinburgh Harriers who was the surprise of the race in 4 mins. 21.2 secs. time which would have won all post-war races up to now and many of the pre-war races as well.

It is most interesting to note that Breckenridge's 2nd half was almost 5 seconds faster than his first.

It was one of the best-ever Scottish miles which can best be brought out by mentioning that the 6th competitor clocked 4 mins. 25.1 secs.

Pole Vault Title to Victoria Park.

P. Milligan of Victoria Park with a vault of 11 ft. had a fairly comfortable win

in the Pole Vault from Jordanhill students McAndrew and Francis but the standard was well short of last year's standard when W. Piper won with a championship best of 12 ft. Unfortunately because of the effects of an injury he was unable to defend either his vault or high jump titles.

Edinburgh Runner's fast Quarter.

In the staggered start it was difficult to see who was leading in the 440 yards but as the runners swept round the final bend it was seen that J. E. A. Robertson of Edinburgh Northern and D. McDonald of Garscube were going well.

The former's finish was stronger and more resolute however and he broke the tape in 49.6 secs. one of the few sub-50 quarters that we see from a native Scot. He seemed also to break the spirit of McDonald who drooped in the final yards but finished 2nd in 50.7 secs. with W. G. McMillan of Heriots 3rd in 50.9 secs.

Hop, Step and Jump Consolation.

R. McG. Stephen of Shettleston Harriers won the hop, step and jump title with the very useful distance of 44 ft. 7½ ins. from R. W. Holmes, H.M.S. Caledonia who was a foot shorter and thus compensated for his narrow defeat in the long jump.

Easy Discus Win.

With a throw of 139 ft. 3½ ins. K. Maksimczyk of Edinburgh Eastern Harriers won the classic Discus from the putt champion J. Drummond. The winning figures were however well behind the Young-Duguid standard.

Versatile Bellahouston Juniors Win Mile Medley.

After a most interesting race Bellahouston Harriers proved just too strong for the famous Royal High School in the 440, 220, 220, 440 Medley. Some of the winning quartette helped Bellahouston to win last season's youth cross-country team championship over 2½ miles, which definitely indicates versatility.

Jack Still the Boy.

Maryhill's McLachlan was held to have beaten the gun twice and dropped out of the race and this contre-temps caused some starting tension. Eventually the five re-

maining finalists got well away, at half-distance there seemed little in it but at the tape it was clearly Willie Jack who was credited with a 10 secs. dead with R. Whitelock just getting the verdict from A. S. Dunbar for 2nd place. Definitely a Victoria Park Victory final.

Magnificent Steeplechase.

Not the most brilliant performance but definitely the most interesting and exciting race on the championship card was the steeplechase.

After the runners settled it became a three-man race between Edinburgh trio J. W. Brydie (holder) J. V. Paterson, and J. R. Hamilton, with the rest of the field already also-rans.

For lap after lap the white-clad trio moved in delightful unison with little Paterson closely followed by the champion and the tall Hamilton just behind closely watching events.

When the bell went the three were still locked together and the taller apparently stronger Hamilton over-eagerly took the lead but looked set for victory. The other two were not done with however and gave chase. Hamilton still led at the last water jump but only fractionally and over the remaining hurdles Paterson and Brydie running as one man overtook their tall rival and made a thrilling dash to the tape in what seemed a dead-heat. The judges gave Paterson the verdict from Brydie but the stop-watch could not separate them—their time of 10 mins. 37.6 secs. being a new championship best, displacing ex-British champion W. C. Wylie's 1936 figures by .4 of a second.

Running De Luxe.

The 3 mile event was the piece de resistance of the meeting. Ian Binnie displayed a brand of distance running rarely seen in Scotland. After 2 or 3 laps during which Black shadowed him he was out on his own showing devastating sustained speed down the straights his artistic striding being a sheer delight to the eye. First mile was reeled off in 4 mins. 33.3 secs.

The two-mile stage took 9 mins. 16.8 secs. and the tape was broken in 14 mins. 1.4 secs. for a new native and all-comer's



Photo by G. S. Barber.
Star Scottish distance runner 22 year-old IAN BINNIE winning the Scottish 3 miles championship at New Meadowbank, Edinburgh with a new native and all-comers record of 14 m. 1.4 s. On the previous night he won the 6 miles title race also in new native and all-comers records with 29 m. 20.7 s. He passed the 4 miles mark in native record time of 19 m. 28 s. and the 5 miles in native and all-comers record time with 24 m. 24.1 s. Seven records in two days, not bad going!

record thus displacing respectively the figures of club-mate Forbes and Maki of Finland. Alex. Breckenridge and holder Andrew Forbes had a great set-to for 2nd place the former prevailing in 14 mins. 25.3 secs. against the 14 mins. 26.8 secs. of his club-mate.

In all fairness to Breckenridge who at the moment seems the only one to give Binnie a hard race at this distance an hour's rest after his superb mile was hardly sufficient. Nevertheless his performance in gaining 2nd was remarkable.

An interesting point is Breckenridge's admission that he enjoyed the 3-miler. He told me that after the mile he felt more

relaxed and enjoyed striding round the extra distance.

Alex. Black of Dundee Hawkhill who sacrificed a possible International cross-country selection to concentrate on the track paid the penalty of trying to hold Binnie and eventually finished well-back. Yet enough was seen of his good style and strong but compact build to indicate great potential. Perhaps in view of others' success he may change his attitude to the cross country programme. Stylish H. Kennedy of Bellahouston who may be going to Canada shortly ran a nice race to finish 4th beating in the process many more-fancied candidates.

Jack Completes the Double.

The furlong one of my favourite races by the way (speaking purely as a spectator), proved Jack not only to be as good as his master but actually to be the master. He negotiated the bend in able fashion and made a rhythmic dash to the tape for a 22 secs. win thus completing an even-time double. Henderson of Watsonians better over the longer stretch and the much improved Whitelock were beaten but by no means out-classed.

Though the Marathon Race is given separate coverage I would like to express how thrilled I was at Alex. McLean's great effort to win the long classic and how sorry I was to see the veteran fail only by the narrowest of margins to achieve what was my own ambition. Yet I hasten to pay tribute to the heroic Anglo-Scot Duffy of Hadleigh who travelled so far to run so much. Perhaps it was only poetic justice that the gallant runners-up of last year should be the gallant victor of this. To Joe McGhee who arrived full of running but too late and to Alex. Kidd who was disappointed with his form yet whose time has won many a marathon of the past it may be said that next year could be their year. Yet lively veteran and old rival McLean feels that he can do even better and hints that his challenge is not to be lightly dismissed. I could not agree more and admire his spirit. One thing is certain, even if Messrs. Robertson and Howard regain the peak of which they are capable—they will not have their troubles to seek. Youth and experience may both be knocking at the door.

Details :—

100 yards—1, W. Jack, (Victoria Park), 10 secs.; 2, R. Whitelock, (Victoria Park), 10.1 secs.; 3, A. Dunbar, (Victoria Park), 10.1 secs.; 4, R. Quinn, (Victoria Park); 5, W. Henderson, (Watsonians). Other Finalist J. McLaughlan (Maryhill H.).

220 yards—1, W. Jack, 22.0 secs.; 2, W. Henderson, 22.4 secs.; 3, R. Whitelock 22.5 secs.; 4, R. Quinn, also gained standard (22.8 secs.). Other Finalists W. H. Crawford (Bellahouston H.), A. S. Dunbar.

440 yards—1, J. A. E. Robertson, (Edin. Northern H.), 49.6 secs. 2, D. McDonald, (Garscube H.), 50.7 secs. 3, W. G. Mc Millan, (Heriots A.C.), 50.9 secs. 4, R. M. Leslie, (Tayside A.C.) 51.2 secs. 5, J. Johnstone, ("Q" A.C.), 51.8 secs. 6, J. B. Hume, (Clydesdale H.) who gained standard (51.8 secs.) award in semi-final.

880 yards—1, J. S. Hamilton, (V.P.A.C.), 1 min. 54.9 secs. 2, F. Sime, (Strathgait H.), 1 min. 56.3 secs. 3, W. Messer, (Edin. Northern H.), 1 min. 56.7 secs. 4, W. S. Linton, (Braidburn A.C.), 1 min. 56.8 secs. 5, G. Sorbie, (Hamilton H.), 1 min. 58.5 secs. 6, R. Stoddart, (Bellahouston H.) 1 min. 59.5 secs. Other Finalist, J. S. Petty, (Bellahouston H.) who with C. G. Hillary, (E.U.A.C.) and R. Stoddart gained standard (1 min. 59 secs.) award in heats.

1 Mile—1, A. D. N. Breckenridge, (V.P.A.A.C.), 4 mins. 11.9 secs. (Best Championship Performance). 2, J. L. Hendry, (Walton A.C.), 4 mins. 21.2 secs. 3, J. I. Hermiston, (Edinburgh H.), 4 mins. 21.2 secs. 4, J. Finlayson (Hamilton H.), 4 mins. 23.4 secs. 5, J. Smart, (Edin. Southern H.), 4 mins. 24.5 secs. 6, I. B. Morrison, (Braidburn A.C.) 4 mins. 25.1 secs. Other Finalists :—K. Coutts (E.U. A.C.), F. G. Robertson, (Garscube H.) R. A. Henderson, (Heriot, A.C.).

3 Miles—1, I. Binnie, (V.P.A.A.C.) 14 mins. 1.4 secs. (Scottish Native and All-comers record). 2, A. D. N. Breckenridge (V.P.A.A.C.), 14 mins. 25.3 secs. 3, A. Forbes, (V.P.A.A.C.), 14 mins. 26.8 secs. 4, H. Kennedy, (Bellahouston H.), 14 mins. 43.2 secs. 5, A. C. Black, (Dundee Hawkhill H.) 14 mins. 56.6 secs. 6, J. M. Wilkinson, (Edin. Northern H.) 14 mins. 59.2 secs. 7, A. C. Ross, (Atlanta), 14 mins. 59.8 secs., standard (15 mins.).

6 Miles—1, I. Binnie, (V.P.A.A.C.), 29 mins. 20.7 secs. (Scottish Native and All-comers record). 2, A. Smith, (Pleb-eian H.), 32 mins. 5.5 secs. 3, W. McFarlane, (Shettleston H.), 33 mins. 7 secs.

120 yards Hurdles—1, C. A. R. Dennis, (E.U.A.C.), 15.6 secs. 2, J. McAslan, (Edin. Southern H.), 15.8 secs. 3, S. A. Nelson, (J.T.C.A.C.) 16.7 secs.

SCOTTISH MARATHON CHAMPIONSHIP

By S. S. Barber

The marathon which was run on Saturday, 27th June from Laurieston to New Meadowbank, Edinburgh was unique for two reasons.

First—all entries started with the addition of one who said he had entered although he was not on the programme. Secondly—not one previous winner competed in the race.

28 runners started and 15 finished in a very humid day blessed with a slight cool head wind.

After the initial rush at the start J. McGhee (St. Modan's) led at the first mile followed closely by J. Duffy, (Hadleigh A.C. with P. Collin (Edinburgh University) who had represented Canada at the Olympics and A. McLean (Greenock Glenpark H.) the former Scottish 10 mile champion in attendance. It was evident that it was going to be a fast race and this bunch soon left the field.

At Linlithgow, 5 miles McGhee still led in 28.20 with veteran A. McLean and J. Duffy close up. P. Collin followed a few yards behind.

300 yards behind were J. Robertson, Edinburgh Southern H. A. Kidd, Garscube H., J. McAvoy, Shettleston H., and H. Cantley, Springburn H. Then a gap of 100 yards with T. Phelan, Springburn H. and J. Keilt, St. Modan's, then D. Bowman, Clydesdale H., with T. Wilson, Maryhill H., J. Bell, Kirkcaldy, and J. Geddes, Monkland H.

The pace was a cracker and of the leaders McLean looked the fittest. Duffy always gave the feeling that he was punishing himself although he looked very sun bronzed and fit, Joe McGhee looked his usual self. At the 10 miles watering station McGhee still led by a few yards from Duffy with McLean trailing along but Collin who was the first University man I

440 yards Hurdles—1, D. K. Gracie, (G.U.A.C.), 55.1 secs. 2, J. D. M. Robertson, (E.U.A.C.), 58.1 secs. 3, J. Lamond, (Weirs A.C.), 60 secs.

2 Miles Steeplechase—1, J. V. Paterson, (Edin. Southern H.) 10 mins. 37.6 secs. (Best Championship Performance). 2, J. W. Brydie (E.U.A.C.), 10 mins. 37.6 secs. 3, J. R. Hamilton, (Edin. Eastern H.) 10 mins. 38.3 secs. 4, A. H. Brown, (Motherwell Y.M.).

High Jump—1, K. Cunningham, (V.P. A.A.C.), 6 ft. 1 in. 2, G. Turner, V.P. A.A.C.), 6 ft. 0 in. 3, A. F. Graham, (R.A.F.) 5 ft. 11 in.

Long Jump—1, A. R. Smith, (G.U.A.C.), 20 ft. 3 ins. 2, R. M. Stephen, (Shettleston H.), 20 ft. 3 ins. 3, A. A. Lindsay, (Athenian A.C.) 19 ft. 4 ins.

Hop, Step and Jump—1, R. Mc G. Stephen, Shettleston H.) 44 ft. 7½ ins. 2, R. W. Holmes, H.M.S. Caledonia, 43 ft. 7½ ins. 3, H. K. Lawson, E.U.A.C., 42 ft. 9 ins.

Pole Vault—1, P. Milligan, (V.P.A.A.C.), 11 ft. 0 ins. 2, P. McAndrew, (J.T.C.A.C.), 10 ft. 6 ins. 3, I. C. Francis, (J.T.C.A.C.) 10 ft. 6 ins.

Throwing the Discus—1, K. Maksimczyk, (Edin. Eastern H.) 139 ft. 3½ ins. 2, J. Drummond, (Heriots A.C.), 129 ft. 7½ ins. R. C. Buist ("Q" A.C.), 129 ft. 4½ ins. Standard (120 ft.) award: C. F. Riach, (J.T.C.A.C.).

Throwing the Javelin—1, C. F. Riach, (J.T.C.A.C.), 187 ft. 8½ ins. (Scottish Native record and Best Championship performance). 2, D. W. R. McKenzie, (E.U.A.C.), 177 ft. 0½ ins. 3, I. H. Drummond, (Edinburgh H.), 167 ft. 2 ins.

Throwing the Hammer—1, E. C. K. Douglas, (Field Events C), 174 ft. 0 ins. 2, R. S. Scott, (G.U.A.C.), 134 ft. 7 ins.

Putting the Weight—1, J. Drummond, (Heriots, A.C.), 45 ft. 6½ ins. 2, T. A. Logan, (V.P.A.A.C.), 43 ft. 3½ ins. 3, H. McLachlan, (G.U.A.C.), 40 ft. 0½ ins.



Photo by G. S. Barber.
At the 10 miles stage in the Scottish Marathon, J. McGHEE (St. Modan's) just heads eventual winner J. DUFFY (Hadleigh A.C.) (No. 6) and A. McLEAN (Greenock Glenpark Harriers). Seen running behind in 4th position is P. COLLINS, Canadian Olympic Marathoner (Edinburgh University).

remembered competing in these marathon races had been dropped about 20 yards and seemed to be in difficulties.

At 15 miles Duffy led in 1.25.9 with McGhee and McLean in close attendance, they were far ahead of the field and the time was very good. Kidd passed 15 miles in 1.27.58 and J. Robertson, Edinburgh Southern H., in 1.28.15 with Collin in 1.28.32.

McLean took the lead at the 18th mile and at 20 miles he led in 1.55.1 with Duffy struggling, in 1.55.50. They had now dropped McGhee who passed in 1.57.0

The 33 year-old Broxburn man, Duffy, last year's runner-up and who had recently won the Essex 20 miles, after the race admitted that he had resigned himself to be runner-up again, at the 20 mile stage, feeling McLean was too fast to hold.

At the 24 miles check point McLean led in 2.20.57 with Duffy in 2.22.5 and McGhee running well in 2.23.32.

Up to this point it looked as if McLean would win easily but the race took a

dramatic change. McLean began to labour and slowed down, and coming up Lochend Road he dropped to a walk and constantly looked behind over his shoulder. The inevitable happened, he was caught by Duffy at one mile to go, still walking, but he rallied breaking into a trot again but he could not hold Duffy.

Up to this point it was anyone's race, all were exhausted and shuffled up the hill towards the Park, Duffy managed to hold out and ran in the winner by 43 seconds with McGhee only 19 seconds behind McLean.

It was a remarkable race, of the three McGhee was the freshest and if he had punished himself I believe he could have won it.

It is interesting to check the times for the final 6½ miles. Duffy took 42.10, McLean 43.42 and McGhee 42.2. The explanation of the final collapse of McLean is shown in the times for the last 2½ miles:—Duffy, 15.55, McLean, 17.46 and McGhee, 15.30.

Again I was struck with the exhausted



S.A. High/Jump star for Scotland.

Dear Sir,

Here is a news item which may interest readers of "The Scots Athlete."

W. E. "Pop" Little of Rhodes University is coming to Edinburgh University in September to take Ph.D.—in experimental Physics—he took B.Sc. & M.Sc. at Rhodes.

appearance of the men at the finish. Duffy was indeed in a bad state but what bit of guts that it takes was there, and running himself out to the tape he fully deserved his victory.

McLean afterwards told me that he had not been able to do the training he would have liked and had not done enough distance work. The old story—too many short races and only ONE 26 miles race in the year. If we are ever to be considered in the marathon world the Scottish marathon club will have to sponsor a few full distance races.

Details :—

	h.	m.	s.
1. J. Duffy, Hadleigh A.C.	2	38	0
2. A. McLean, G. Glenpark H	2	38	43
3. J. McGhee, St. Modan's	2	39	2
4. A. Kidd, Garscube H.	2	43	15
5. D. M. Bowman, C'dale H.	2	48	18
6. T. Phelan, Springburn H.	2	52	52
7. J. Robertson, Edin. S.H.	2	53	18
8. T. Wilson, Maryhill H.	2	55	36
9. P. Collin, Edin. Univ. A.C.	2	56	39
10. J. Bell, Kirkcaldy Y.M.	2	58	11
11. D. Tait, Maryhill H.	2	59	26
12. H. Haughie, Springburn H.	3	2	36
13. J. Peacock, Kirkcaldy Y.M.	3	3	18
14. J. Allison, Springburn H.	3	6	0
15. P. McCulloch Springburn H.			

"Pop" is one of my students (I am a lecturer at the University and Honorary Track and Field Coach) and is a useful High Jumper.

(1) He has never won a H.J. competition.

(2) He has never done less than 6 ft. 0 ins. in his last 12 consecutive competitions.

(3) He has a good Western Roll form of jump.

(4) He hates the cold weather—he is thin and 6 ft. 1 in. in height.

(5) He has recently been awarded his Eastern Province Athletics Colours.

(6) He came 3rd in the National Championships this year—held in Southern Rhodesia—to his club-mate National Champion Joe Truter who cleared 6 ft. 5½ ins. to win but who has subsequently done 6 ft. 6½ ins. twice in competition.

(7) "Pop" Little's best jump is 6 ft. 30 ins. in competition.

I've written to my class-mate at Loughborough, your chief coach Tony Chapman to look after "Pop" who is very reserved and quiet, who likes to train by himself and performs best (in S.A. conditions) when permitted to rest for 6 days prior to a competition. I know that, if his studies permit, Little will be an acquisition to athletics (for 2 years anyway) in your Country.

Yours faithfully,

JOHN T. POWELL.

Wirral, Cheshire.

We are very pleased to hear from Mr. J. T. Powell and to have him as a subscriber. He has recently been in England but returned to South Africa at the end of last month. We continue to hear from various sources of his enthusiastic work for athletics in S.A. Though modestly omitted in his letter we believe he has been coaching Joe Truter. Scottish athletics will welcome W.B. (or can we say) "Pop" Little.

Editor.

MILNGAVIE HIGHLAND GAMES

(Under S.A.A.A. Laws).

In aid of Milngavie Old Folks' Benevolent Fund (under the auspices of the Town Council).

AT CRICKET GROUND,
AUCHENHOWIE ROAD, MILNGAVIE,
SATURDAY, 15th AUGUST, 1953, AT 2 P.M.

EVENTS—100, 220, 880 Yards, 1 Mile (5 laps), 10 Miles Road Race, 2 Miles Team Race, High Jump, Long Jump, Hammer, Ball, Caber, Pole Vault, 100 Yards (Youths) 100 Yards (Junior); 100 Yards, 220 Yards and Relay Races, for Ladies; Invitation, 1 Mile and 440 Yard Races.

PIPE BAND CONTESTS. HIGHLAND DANCING.
ADMISSION TO GROUND—Adults, 2/-; Children 1/-.

Entries Close SATURDAY, 8th August, 1953, with Lumley's Ltd., 80-82 Sauchiehall St., Glasgow, or Wm. MacDougall, 97 Ashburn Gardens, Milngavie.

Buses—Killermont St., Trains—Queen St., Trams—Glasgow to Milngavie.

JOHN McPHERSON, Hon. Sec., & Treas., "Mossica," Milngavie. Phone Milngavie 1338.

COWAL HIGHLAND GATHERING

(Under S.A.A.A., S.C.U., S.A.W.A. and S.P.B.A. Rules)

SPORTS STADIUM, DUNOON
28TH & 29TH AUGUST, 1953

From 10.30 a.m. each day.

TRACK & FIELD EVENTS. CYCLING. WRESTLING.
HIGHLAND DANCING. PIPING (each day).
SEVEN PIPE BAND CONTESTS (Saturday).

Entry Forms from usual Sports Shops or from
Joint Secretaries, 11 Hillfoot Street, Dunoon
ENTRIES CLOSE, SATURDAY, 15th AUGUST, 1953.

SCOTTISH SCHOOLS CHAMPIONSHIPS

Reviewed by T. Montgomery, (Hon. Sen. Coach S.A.A.A.)

IT was indeed a pleasure to be present at the Schools 48th Annual Championships held at Goldenacre, Edinburgh on 20th June, 1953.

The ground was in excellent condition and the layout was first class, full marks to the groundsman for an excellent job, what a pleasure to go on a ground with circles etc. laid down to the correct dimensions. The organisation was also excellent and the huge entry was handled without fuss or bother, and, kept very close to schedule all day. The greatest pleasure was to me I think the size and quality of the entry, showing a very healthy interest by the schools in athletics, and I am confident that we can expect still better in the near future.

That the standard of our athletics is very much higher now than in the past is something of an understatement and if proof was needed these schools' championships provide the answer and augurs well for the future of Scottish athletics. During the day no fewer than eleven best performances were recorded and some of these well on par with the English boys. I had hoped to have had a complete record of the meeting giving standards gained etc. but unfortunately at the time of writing I do not have this to hand, but the number of standards gained was exceptionally high and to many this will be much more satisfactory than individual bests. To anyone who has our athletics at heart, what a grand feeling one gets when talking about 47 ft. shot putts, 155 ft. discus throws and 190 ft. javelin throws without having recourse to wishful thinking.

These are some of the results produced by our school boys on the 20th and I feel that something other than sending round collecting tins at meetings is required and needed to give our youth the chance they deserve. (This was brought to the public notice, just after the meeting, in the daily press but so far I have not seen or heard of any developments). I am convinced that the seed sown by the National Coach-

ing is beginning to bear fruit and is directly and indirectly responsible for a great part of the general standard rising so rapidly.

However to come back to the "Boys," the major award, the Eric Liddell Memorial Trophy went to A. Sanderson, Inverness Royal Academy for his best performance quarter in 51.5 secs. and he must be closely followed by D. Henderson, Madras College with his best ever javelin throw of 191 ft. 9 ins. In the 15-17 years age group pride of place must I think go to W. Ferguson, R. Gordons College for his 155 ft. 1½ ins. discus throw, followed by in my opinion two milers for the future, I. Drever, Leith Academy who just managed to hold off A. Hannah, Preston Lodge by a yard in the ½ Mile in the excellent time of 2 mins. 3.7 secs. another best performance. In the junior or under 15 grade, C. Hunter, Blairgowrie High was out on his own with 19 ft. 4½ ins. long jump and completing his double with 44 ft. 1 in. putt.

Taken all over polish and technique was generally evident from what I have seen in the past, for instance the scissors high jump was conspicuous by its absence and in the running it was obvious that the boys knew something about pace judgement and tactical running. The black spots, alas were there too and these to mind were the hammer and the pole vault. To be fair to Simpson in the hammer he did have a throw over 130 ft. then thoughtlessly left by the front of the circle and cancelled it out, but the pole vaulting was particularly poor. These two events simply have to be musts on the Boys Coaching Course next Easter. It may be of interest to note that in the senior groups, of those placed first or second 60% had attended and obviously benefited from the school boys coaching courses, and if a wider field of 3rds and standards is taken the percentage figure is at least 80.

A great show boys and I hope your successors can better even your performances.

Results :-

* Best Performance.

Group A.—17-19 years.

100 yards—1, R. Yuill (R. Gordons College), 10.7 secs. 2, D. A. Hackman (Gordonstoun).

220 yards—1, A. F. Wood (Hutcheson's Grammar), 24 secs. 2, W. A. McAdam (R.H.S.).

440 yards—1, A. Sanderson (Inverness Royal Academy), 51.5 secs. * 2, W. R. R. Harvey (Edinburgh Academy).

880 yards—1, I. Porteous (Galashiels Academy), 2 mins. 2.4 secs. 2, J. D. R. Morrison (Edinburgh Academy).

1 Mile—1, I. Tierney (Our Ladies High School Motherwell), 4 mins. 40.5 Secs. 2, A. Reid, (Govan Sen. Sec.).

120 yards Hurdles—1, I. F. Frazer (Gordonstoun), 16.4 secs. (Gordonstoun), 16.4 secs. 2, J. B. Beattie (Paisley Grammar).

High Jump—1, J. D. Walz (Gordonstoun) 5 ft. 7½ ins. * 2, W. Bain (Dumbarton Academy).

Long Jump—1, O. Hunter (Dollar Acad.) 20 ft. 11½ ins. * 2, A. T. Grant (Fetter College).

Hop, Step and Jump—1, H. Edwards (Rutherglen Academy), 43 ft. 2½ ins. 2, R. S. Forrest, (R.H.S.).

Pole Vault—1, J. Baird (Gordonstoun), 9 ft. 3 ins. 2, D. D. Campbell, (Geo. Heriot's).

Putting Weight—1, M. M. Armour (Fettes College), 43 ft. 1½ ins. * 2, I. G. Russell, (Nairn Academy).

Javelin—1, D. Henderson (Madras Col.), 191 ft. 9 ins. * 2, R. R. Comber (Aberdeen Grammar).

Discus—1, W. J. More (Kilmarnock Academy), 133 ft. 3½ ins. 2, D. A. Hackman (Gordonstoun).

Relay Race, 440, 220, 220, 440—1, R. Gordons College, 2 mins. 35.2 secs. * 2, Lanark Grammar.

200 yards Low Hurdles, 3 ft.—1, H. E. Edwards (Rutherglen Academy), 24.7 sec. * 2, C. T. Cumming (Morrison Academy).

Hammer 12 lbs.—1, J. R. W. Simpson (Fettes College), 114 ft. 4 ins.

Group B.—15-17 years.

100 yards—1, J. B. Lacey (R. H. S.), 10.9 secs. 2, D. Thorburn (Trinity Acad.).

220 yards—1, D. R. Thomson (Larkhall Academy), 24.3 secs. 2, I. McClune (Kirkcudbright Academy).

880 yards—1, Drever (Leith Academy), 2 mins. 3.7 secs. * 2, A. Hannah (Preston Lodge).

110 yards Hurdles 3 ft.—1, R. D. McLeod (Aberdeen Grammar), 15.7 secs. 2, I. McClune, (Kirkcudbright Academy).

High Jump—1, A. Paulin (Kelso High), 5 ft. 3½ ins. 2, D. Lyons (Shawlands).

Long Jump—1, I. Ritchie (Fettes Col.), 20 ft. 8½ ins. * 2, R. S. Shearer (Kelvin-side Academy).

Putting Weight 10 lbs.—1, W. Ferguson (R. Gordons College), 46 ft. 2½ ins. 2, J. B. Lacey (R.H.S.).

Javelin—1, S. Moore, (Gordonstoun), 158 ft. 7½ ins. 2, L. McKenzie (Madras College).

Discus—1, W. Ferguson (R. Gordons College), 155 ft. 1½ ins. * 2, S. Moore (Gordonstoun).

Relay Race 4 x 220 yards—1, Berwickshire High School, 1 min. 39 secs. 2, R. Gordons College.

Group C.—13-15 years.

100 yards—1, J. H. R. Durham (Fettes College), 11.2 secs. 2, J. Hall (Toryburn Jun. Sec. School).

220 yards—1, R. B. Stead (Kelvinside Academy), 25.1 secs. 2, W. Ewing (Kirkcaldy High School).

75 yards Hurdles—1, C. Campbell (Paisley Grammar), 11.4 secs. 2, C. K. Cowan (Geo. Heriot's).

High Jump—1, C. Campbell (Paisley Grammar), 5 ft. 1½ ins. 2, T. Drainer (Dumfries Academy).

Long Jump—1, C. Hunter (Blairgowrie High), 19 ft. 4½ ins. * 2, M. Warren (Dollar Academy).

Putting Weight 4 Kilos—1, C. Hunter (Blairgowrie High), 44 ft. 1 in. 2, J. Marks (Motherwell Central).

Relay Race 4 x 110 yards—1, Geo. Heriot's. 2, R.H.S.

SCOTTISH JUNIOR CHAMPIONSHIPS

WESTERLANDS, 4th JULY, 1953.

Details :—

100 yards—1, R. Prentice, Shettleston H.; 2, E. W. Henderson, Glasgow Univ. A.C. and Beith H.; 3, K. A. Robertson, E.U. A.C. 10.8 secs.

220 yards—1, A. F. Wood, Shettleston H.; 2, K. A. Robertson, E.U.A.C.; 3, W. W. Smith, Larkhall Y.M.C.A. 23.4 secs.

440 yards—1, L. A. Sanderson, Inverness Royal Academy; 2, R. B. McLeod, G.U. A.C.; 3, A. McL. Shepherd, Larbert Y.C. 50.6 secs.

(Best Championship performance).

880 yards—1, I. Porteous, Galashiels Academy; 2, J. K. Hislop, Braidburn A.C.; 3, A. Davidson, Bathgate St. Mary's A.C. 2 mins. 0.6 secs.

Mile—1, I. Tierney, Cambuslang H.; 2, I. M. Stewart, G.U.A.C. and Vale of Leven A.A.C.; 3, G. McG Kerr, Victoria Park. 4 mins. 36.1 secs.

120 yards Hurdles—1, H. Edwards, Bellahouston H.; 2, J. M. Beattie, Paisley Grammar School; 3, A. M. Clark, Hamilton Academy and Monkland H. 15.8 secs. (Best championship performance.)

200 yards Hurdles—1, H. Edwards, Bellahouston H.; 2, J. C. C. Ellison, Glasgow High School and Shettleston H.; 3, G. T. Cumming, Morrison Academy, Crieff. 24.3 secs. (Best championship performance.)

Javelin—1, W. J. More, Kilmarnock H.; 137 ft. 3 ins.; 2, R. W. Donald, Aberdeen A.A.C. 136 ft. 3½ ins. 3, J. D. Pryde, Jordanhill T.C., 116 ft. 1½ ins.

Hammer—1, M. M. Armour, Fettes College; 161 ft. 9 ins. 2, M. W. Simpson, Fettes College.

Discus—1, W. J. More, Kilmarnock H.; 132 ft. 6 ins. 2, D. S. Crawford, Dumfries A.A.C., 104 ft. 0 ins.; 3, J. C. Lundie, Victoria Park A.A.C. 102 ft. 3 ins.

Weight Putt—1, M. M. Armour, Fettes College, 43 ft. 10½ ins. 2, J. G. Russell, Nairn Academy, 43 ft. 1 in. 3, W. B. Evans, Hutchesons Boys G. S. 40 ft. 8½ ins.

High Jump—1, A. J. Galbraith, Gala H.; 5 ft. 7 ins. 2, W. Bain, Dumbarton A.A.C. and Dumbarton Academy, 5 ft. 6 ins. 3, (equal), A. M. Law, Lochwinnoch A.A.C. and J. Y. Lawrie, Edinburgh H., 5 ft. 4 ins.

Hop, Step and Jump—1, J. Y. Lawrie, Edinburgh H., 42 ft. 10 ins. 2, H. Edwards, Bellahouston H., 41 ft. 9 ins. 3, A. M. Law, Lochwinnoch A.A.C., 41 ft. 7 ins.

Long Jump—1, A. M. Law, Lochwinnoch A.A.C., 20 ft. 10 ins. 2, I. A. Cavanagh, 20 ft. 6½ ins. 3, E. G. Hutcheson, George Watson's College, 20 ft. ½ in.

Pole Vault—1, D. Campbell, George Heriot's School A.A.C. 10 ft. 3 ins.

Youths Championships

100 yards—1, J. G. Thorburn, Trinity Acad. and Braidburn A.C.; 2, E. S. Liddell, Q.A.C.; 3, J. B. Lacey, Royal High School. 10.8 secs.

880 yards—1, I. Drever, Braidburn A.C. 2, T. M. McLuskie, Shettleston H.; 3, J. McLean, Bathgate St. Mary's. 2 mins. 5.7 secs.

Long Jump—1, J. Ritchie, Fettes College, 19 ft. 7½ ins. 2, E. S. Liddell, Q.A.C., 19 ft. 6½ ins. 3, G. A. Irving, Braidburn A.C., 18 ft. 7 ins.

Senior Championships

Relay (4 x 110 yards)—1, Victoria Park, (M. Wilson, R. Whitelock, R. Quinn, H. Quinn); 2, Heriot's A.C.; 3, Shettleston H. 44 secs.

Mile Medley—1, Victoria Park (J. S. Hamilton, R. Whitelock, H. Quinn and R. Quinn); 2, Bellahouston; 3, Maryhill. 3 mins. 33.9 secs.

ALEC BRECKENRIDGE

9 mins. 5.6 secs.

Continuing his present merry fashion Alec Breckenridge (Vict. Park A.A.C.) smashed the 15 year-old (Peter Alwell) Scottish native 2 miles record of 9 mins. 13.4 secs. with 9 mins. 5.6 secs. at the annual "as-usual" tip-top Glasgow Transport meeting at Helenvale Park, on Tuesday, 30th June.

CITY AND ROYAL BURGH OF EDINBURGH HIGHLAND GAMES

(Under S.A.A.A., S.W.A.A.A., S.C.U., and S.A.W.A. Laws)

AT

MURRAYFIELD RUGBY GROUND

(By kind permission of the Scottish Rugby Union)

ON SATURDAY, 22ND AUG., 1953
AT 2.0 P.M.

CEREMONIAL OPENING AT 1.50 P.M.

ATHLETICS:

(Youths) 100 Yds. Sc; (Juniors) 1 Mile H'cap;
100 Yds. and 880 Yds. Open H'caps; Long Jump, Sc.

INVITATION EVENTS (Scratch):

100, 220 and 880 Yds., 1 Mile, 2 Miles, Weight, Throwing the Hammer (Scots Style), Tossing the Caber, High Jump, Pole Vault, Inter-City Relay, Inter Assoc. Relay, Women's 100 and 220 Yds., 80 Metres Hurdles.

CONTINENTAL AND BRITISH STARS OF TRACK AND FIELD

SPECTACULAR MASSED PIPE, MILITARY BAND & SCOTTISH COUNTRY DANCING DISPLAYS

ONE OF BRITAIN'S PREMIER MEETINGS

PRICES OF ADMISSION:

GROUND and STAND 10/-, 5/-, 3/6

GROUND ONLY—

ADULTS 2/-
SCHOOL CHILDREN 1/-

ENTRIES CLOSE FIRST POST, WEDNESDAY, 5th AUGUST, with Mr. WM. CARMICHAEL, 38 Royal Park Terrace, Edinburgh, 8. (Telephones: Office, CEN. 6217; House, ABB. 2074).